



BHARAT KI SOCH

भारत की सोच

SOCH SUTRA

About BHARAT KI SOCH

• Vision

Reimagining Bharat's civilizational wisdom for a resilient and progressive nation

Mission •

To research, interpret and apply the timeless principles of Indian civilization to contemporary challenges for shaping a resilient Bharat.



Objectives •

To study Indian knowledge systems as insightful sources for shaping policy and governance models.

To conduct high-quality research that bridges ancient knowledge and contemporary disciplines.

To engage with a community of scholars, policymakers, technocrats and grassroots leaders on Indian civilisational texts and knowledge systems

To mainstream ancient wisdom conversations through publications, media engagement and educational outreach.

Our SIX PILLARS



Message

From The Director



It is with immense pride and conviction that I welcome you to Bharat Ki Soch (BKS). As a think tank dedicated to delving into Indian wisdom for tackling contemporary challenges, our mission is driven by a powerful vision: “Reimagining Bharat's civilisational wisdom for a resilient and progressive nation.” We believe that the foundational knowledge accumulated over millennia is not an exercise in nostalgia, but the ideal course for charting the country's path towards a Viksit Bharat.

We are convened at a critical juncture in world history, facing geopolitical volatility, economic realignments and complex socio-economic pressures. Yet, this period of uncertainty is simultaneously one of unprecedented opportunity. India, already the fastest-growing economy globally, has consistently converted every '*apada*' or crisis into '*avasar*' or opportunity. This stems from its indomitable civilizational spirit, abounding in resilience and patriotism, that keeps us going and growing regardless of any hurdles.

As we operate in this nuanced and complex geopolitical landscape, we need to go back to our repositories of knowledge to think of innovative solutions rooted in our civilizational wisdom. After all, as a popular Sanskrit aphorism suggests, "*parivartanamev sthiramasti*" or change is the only constant. A society that adapts and rewires to this constant, survives and sustains. The enduring relevance of this wisdom lies in such an integrated, diversified and innovative approach. It moves far beyond conventional metrics, offering a blueprint for a resilient, balanced and humane approach to growth and nation-building.

The work of Bharat Ki Soch spans across six crucial pillars: governance; economy, commerce and finance; health, nutrition and well-being; agriculture and food security; environment and sustainability; and national security. Through rigorous research and thought-provoking discussions generating a cross-current of ideas, we aim to address contemporary issues.

I invite you to engage with Bharat Ki Soch. Together, we will carry the vision of Viksit Bharat forward—a nation that is prosperous, inclusive, grounded in its civilisational heritage and resilient against all global uncertainties. With unflinching resolve and unstinted effort, this joint earnest endeavour shall lead us to our goal. Like the *Rigveda's Aitareya Brahmana* (7.15) suggests, *charaiveti-charaiveti*, or “keep going,” shall be our mantra. This is a *tapasya* in itself and we are determined to undertake it with utmost sincerity and commitment. Hence, Bharat ki Soch presents Soch Sutra which will highlight our activities during the month.

RK Pachnanda

Our Recent Events

5 Dec: Inaugural Event



Titled "**Navigating Growth and Development in Global Uncertain Times,**" this conference at the Constitution Club, New Delhi, marked the official launch of Bharat Ki Soch. It aimed to reimagine and contextualise ancient Indian wisdom for modern challenges, featuring addresses from leaders, namely Dr. Ram Madhav, Mr. MJ Akbar, Mr. Atanu Chakraborty (HDFC Chairman), Shri Dinesh Trivedi, and Dr. TCA Raghavan on India's role as a "bright spot" in the global economy. The distinguished panel of thought leaders discussed the "whole-of-nation" approach, emphasising that India's journey toward a Viksit Bharat (Developed India) should be anchored in ethical governance and the integration of traditional values with contemporary policy.

16 Jan 2026: Southeast Asia and Digital Gurukuls

Dr. Varsha Rani, a scholar of India-Southeast Asia linkages, illustrated India's profound historical influence by tracing cultural diffusion across Southeast Asian societies, highlighting how these ancient connections have evolved into modern traditions. She mapped this influence through the lens of enduring cultural practices and the architectural legacy of restored temples and archaeological sites that serve as physical bridges to the past. By examining these shared roots, her session underscored the role of civilizational synthesis in shaping Southeast Asia's contemporary regional identity.



Mr. Ragav Yarasi, CEO of Clikkin, advocated for a transition from traditional hierarchical classrooms to autonomous "digital gurukuls." In his session, "Hierarchies to Digital Excellence: Reclaiming India's Educational Excellence," he outlined how modern technology can be harnessed to localise and scale indigenous knowledge systems. His vision emphasises the need for an educational framework that fosters both individual excellence and national autonomy by merging ancient pedagogical values with cutting-edge digital platforms.



21 Jan 2026: Śāstra se Samvād tak

Dr. Suchi Dayal, Senior Research Fellow at Bharat ki Soch discussed the book 'Bharat - That is India: Reclaiming Our Real Identity' by Abhijit Joag - a work widely described as more than a historical account. It was a thoughtful reclamation of our identity, a rediscovery of roots and a celebration of a civilisation that has not only survived immense challenges but has continued to gloriously thrive.



22 Jan 2026: Two Civilisational Worldviews: Navigating the Indian and Chinese Foreign Policy Outlook through Classical Frameworks



The session featured Prof. (Dr.) Sriparna Pathak (Professor of Chinese Studies at OP Jindal Global University) and Ms. Namrata Hasija (Research Fellow at Centre for China Analysis and Strategy). The speakers analysed the India-China civilizational worldviews, contrasting India's horizontal, inclusive philosophy of Vasudhaiva Kutumbakam with China's vertical, hierarchical concept of Tianxia. They elaborated on how India navigates this "anarchic" international system by blending the moral righteousness of Dharma with the pragmatic realism of Kautilya's Four Upayas—Sama, Dana (popularly called "dama"), Danda, and Bheda. One of the concluding points of the session highlighted that by strengthening its national capabilities, India is securing its role as a resilient and equal partner in the global order, upholding a system governed by the rule of law.

29–30 Jan 2026: Mantraṇā Sessions

A flagship roundtable series designed as a "crucible for ideas" where thinkers and policymakers chart a course for an Atmanirbhar and Viksit Bharat.



Economy Session (29 Jan): This session explored how indigenous Indian wisdom and decentralised manufacturing can drive a resilient \$30 trillion economy through local clusters like the "One District One Product" (ODOP) initiative. Speakers, including Dr. Viswanathan P, Dr. Bharat Dash, Dr. Arathi VB, Dr. Vinayak Rajat Bhat and Prof. Vijay Sakhua, emphasised the need to balance global market interests with local protectionism, advocating for ethical wealth creation and the safeguarding of intellectual property for Indian artisans. The discussion ultimately focused on transitioning from Western-driven policies toward a self-reliant "Destination Bharat" model that supports ethical finance and sustainable economic stability.



Governance Session (30 Jan): This session focused on redefining governance through the lens of Indian Knowledge Systems. The discussions emphasised that true national progress is rooted in self-discipline (Indriyajaya) and the vital role of family and community in nurturing civic awareness. By examining civilizational values, the speakers, namely, Dr. Anurag Shukla, Dr. Saurav Sarmah and Ms. Tejusvi Shukla, proposed that ethical governance and disciplined citizenship are the essential pillars for building a resilient and

self-reliant society. This exploration of indigenous wisdom aims to culminate in actionable policy shifts that align modern administrative practices with India's deep-rooted cultural heritage.



Health and Well-Being Session (30 Jan): The session centred on the urgent need for youth mental health interventions and the revitalisation of traditional wellness practices, emphasising the "Mind-Body Disconnect" prevalent in the digital age. Speakers, including Dr. Swapnalekha Basak, Ms. Ruchita Rane and Ms. Anjana Madaan, critiqued the modern reliance on noise-cancellation and "dopamine-driven" social media habits, proposing instead the Panchakosha (five-layered) model of development and Karma Siddhanta to restore personal accountability and mental clarity. The discussion transitioned into the science of "Pak Kala" (the art of cooking), where experts detailed the medicinal benefits of using specific metals like brass and bell metal for cooking and the nutritional superiority of millets. The final points of the session concluded that restoring traditional Indian lifestyles—from eating in controlled portions to embracing the values of the joint family system—is essential for crafting holistic, action-based policy recommendations for a "Swasthya Bharat" (Healthy India).

5 Feb 2026: Warfare in Ancient India

Major Manik M. Jolly, a decorated veteran and defence expert, presented a comprehensive session on "Warfare in Ancient India" that examined the sophisticated martial heritage and strategic frameworks of the civilisation. The presentation detailed the foundational role of Dharma (righteousness) in conflict, explaining that ancient Indian warfare prioritised ethical conduct and humanitarian principles, viewing war strictly as a last resort. Furthermore, the session explored advanced military concepts such as the Chaturanga-bala (four-fold army), complex battle formations like the Chakravayuha and the tactical use of intelligence and diplomacy to achieve national security.





Contact us

We'd love to hear from you! Whether you have a question, feedback, or a inquiry - reach out to us using the form below or through the details provided.



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